**Osmo Bowel Prep**

\*\*\*\*\*\*Pick up your colon prep no later than 1 week prior to your procedure. Sometimes this medication becomes out of stock and your pharmacy will need to order it.\*\*\*\*\*\*\*\*\*

***This procedure is only as good as the colon prep. Without a completely empty colon, the test will not be accurate and may need to be redone at a later date.***

**DAY BEFORE PROCEDURE**

* Start a clear liquid ONLY diet for the whole day prior to the procedure. (You may go to work the day prior to the procedure)
* Beginning 5 PM the **day before** your procedure, take 4 OsmoPrep tablets every 15 minutes. You MUST drink 8 ounces of water between doses. Repeat this step (4 OsmoPrep tablets with 8 ounces of water) every 15 minutes until 20 tablets have been consumed.

**PROCEDURE DAY**

* Beginning **5 hours prior** to your scheduled procedure time, take 4 OsmoPrep tablets every 15 minutes with 8 ounces of water until the remaining 12 tablets have been consumed. You MUST drink 8 ounces of water between doses. Drink 8 ounces of water AFTER your last dose then DO NOT DRINK ANY MORE LIQUIDS.
* Starting at **3 hours prior** to the procedureyou are to have **NOTHING** by mouth until the procedure is completed.

**Please make sure you understand these instructions. If you have any questions please do not hesitate to call the office at *530-672-7040*, we are more than happy to help.**