**Colyte Split Dose (PEG or “Jug”)**

\*\*\*\*\*\*Pick up your colon prep no later than 1 week prior to your procedure. Sometimes this medication becomes out of stock and your pharmacy will need to order it.\*\*\*\*\*\*\*\*\*

***This procedure is only as good as the colon prep. Without a completely empty colon, the test will not be accurate and may need to be redone at a later date.***

**DAY BEFORE PROCEDURE**

* Start a clear liquid ONLY diet for the whole day prior to the procedure. You may go to work the day prior to the procedure. The day before your procedure you will need to mix your colon prep solution. You can do this as soon as you wake up then stick it in the refrigerator.
* At 5 pm the **day before** your procedure you will start drinking your colon prep solution. You will need to drink HALF of the bottle (about 2 quarts). Drink one 8oz glass every 10 minutes until you have completed half of the bottle (Jug), then replace the remaining prep back in the refrigerator. If you feel bloated or nauseated, drink it a little slower. This solution will work within 1-2 hours so make sure you’re near a restroom the remainder of the day.

**PROCEDURE DAY**

* The **day of your procedure** start drinking the remaining prep **5** hours prior to your scheduled procedure. Drink one 8 oz glass every 10 minutes until the prep is finished. Continue your clear liquid diet..
* Starting at **three hours prior** to the procedureyou are to have **NOTHING** by mouth until the procedure is completed.

**Tips to make your colon prep more tolerable:**

* Drink it with a straw
* Refrigerate it
* Pinch your nose and drink it
* Use Crystal Light flavor enhancers

Drink sips of clear liquids in between drinking your prep

**Please make sure you understand these instructions. If you have any questions please do not hesitate to call the office at *530-672-7040*, we are more than happy to help.**