**Suprep Bowel Prep**

\*\*\*\*\*\*Pick up your colon prep no later than 1 week prior to your procedure. Sometimes this medication becomes out of stock and your pharmacy will need to order it.\*\*\*\*\*\*\*\*\*

***This procedure is only as good as the colon prep. Without a completely empty colon, the test will not be accurate and may need to be redone at a later date.***

**DAY BEFORE PROCEDURE**

* Start a clear liquid ONLY diet for the whole day prior to the procedure.(You may go to work)
* At 5 pm the day before your procedure you will start drinking your SUPREP colon prep solution. At 5 pm pour ONE (1) 6-oz bottle of SUPREP liquid into the mixing container. Add cool drinking water to the 16-oz line on the container and mix. Drink ALL the liquid in the container.
* Then, you MUST drink two (2) more 16-oz containers of water over the next hour. This prep will start working within 1-3 hours so make sure you are close to a rest room for the rest of the evening.

**PROCEDURE DAY**

* On the day of your colonoscopy, starting 4 hours prior to your scheduled arrival, pour ONE (1) 6-oz bottle of SUPREP liquid into the mixing container. Add cool drinking water to the 16-oz line on the container and mix. Drink ALL the liquid in the container. Then, you MUST drink two (2) more 16-oz containers of water within the next hour.
* Then you are to have NOTHING by mouth 3 hours prior to procedure.

**Please make sure you understand these instructions. If you have any questions please do not hesitate to call the office at *530-672-7040*, we are more than happy to help.**