

Stroke Education and Support Group

Discover:

- Ways to deal with the effects of a stroke
- Community resources available
- Share personal experiences in a positive and supportive environment

Stroke survivors, their families and friends are invited to bring a brown bag lunch and attend our meeting.

Join Us:

The first Thursday of each month

11:30 a.m. - 1 p.m.

Call 530-626-2793 for more information and location

Facilitated by:

Alicia Saavedra, MSW, and
Vicki Golmitz, SLP

