

Marshall Medical Center

Café Menu—January 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<u>New Years Meal</u> Carved Ham Spinach Casserole Scalloped Potatoes Corn Bread Casserole Black Eye Peas Asparagus Warm Caramel Apple Crisp 1	Chicken Fried Steak Stuffed Shells Country Gravy Mashed Potatoes Corn Vegetable Barley Soup 2
Spaghetti Meat Sauce or Marinara Broccoli Garlic Bread Corn Chowder Soup 3	Meatloaf Vegetarian Portabella Mashed Potato w/ Gravy Brussels Sprouts Cream of Broccoli Soup 4	Roasted Salmon Broccoli Swiss Quiche Rice Pilaf Creamed Spinach Cheddar Bay Biscuit Tomato Florentine Soup 5	Beef Stroganoff Mushroom Stroganoff Seasoned Pasta Mashed Potatoes San Francisco Blend Veg Split Pea Soup 6	<u>Carved Roast Beef</u> Vegetable Lasagna Mashed Potatoes w / Gravy Roasted Carrots Cream of Celery Soup 7	<u>Lemon Tilapia</u> Cheese Tortellini Rice Pilaf Green Beans Cole Slaw Clam Chowder 8	Chicken and Dumplings Vegetarian Quiche California Blend Vegetable Red Pepper Gouda Soup 9
Swedish Meatballs Veggie Meatballs w/ Pesto Seasoned Rotini Noodles Roasted Dill Carrots Vegetable Orzo Soup 10	Beef Stew Vegetarian Stew Corn Bread Broccoli Chicken Noodle Soup 11	Enchilada Casserole Chicken or Black Bean Spanish Rice Refried Beans Corn / Tornos Tortilla Soup 12	Indian Butter Chicken Vegetarian Korma Basmati Rice / Nan Brd Roasted Cauliflower Sweet Potato Kale Soup 13	French Dip Sandwich Black Bean Burger Mashed Potatoes Onion Rings Broccoli California Cheese Soup 14	Souberag Chicken or Cheese Rice Pilaf Asparagus Clam Chowder Soup 15	Macaroni and Cheese Garlic Bread Stick California Blend Veg Chicken Corn Chowder 16
Carved Corned Beef Veggie Plate Cabbage Roasted Carrots Red Potatoes Tomato Soup 17	Fajitas Beef or Chicken Spanish Rice Black Beans Corn Red Pepper Gouda 18	Chicken Marsala Vegan Chick'n Marsala Roasted Red Potatoes Rice Pilaf Asparagus Sausage and Kale Soup 19	Homemade Lasagna Vegetable Lasagna Garlic Bread Broccoli Minestrone Soup 20	<u>Carved Turkey</u> Vegetable Quiche Mashed Potato w/ Gravy Stuffing Green Beans Split Pea Soup 21	<u>Baked Potato Bar</u> 22	Sausage Cannelloni Cheese Manicotti San Francisco Blend Veg Garlic Bread Cream of Mushroom Soup 23
Pot Roast Spinach Bake Mashed Potatoes Roasted Carrots Vegetable Noodle Soup 24	Orange Chicken Vegan Orange Chick'n Tofu Jasmine or Fried Rice Broccoli Pot Sticker Red Pepper Gouda Soup 25	Chili Bar Steak House Chili White Bean Chicken 5 Bean Turkey Vegetarian Corn Bread 26	Jalapeno Ranch Chicken Stuffed Portabella Scalloped Potatoes Roasted Carrots Turkey Rice Soup 27	<u>Burgers</u> Beef / Turkey *Black Bean Burger Beyond Burger French Fries Chicken Noodle Soup 28	Ranch Baked Cod Manicotti Rice Pilaf Broccoli Clam Chowder Soup 29	Sliced Pizza Chicken Wings Italian Blend Vegetable Minestrone Soup 30
Swedish Meatballs Veggie Meatballs w/ Pesto Seasoned Rotini Noodles Roasted Dill Carrots Vegetable Orzo Soup 31						