

MARSHALL MEDICAL CENTER

Weight Loss & Bariatric Surgery Program

We are excited to offer a new class series to assist patients in reaching their weight loss goals. Registered dietitians lead this six-month program that will give you the tools and support you need for success.

Weight Loss Management Program for patients interested in losing weight and improving overall health

- Eight-part class series taught once a week
- Personalized one to one dietitian counseling session
- Monthly dietitian led support group meetings
- Ability to repeat 8-week Weight Loss Management Series within the 6 month enrollment period as desired



Bariatric Surgery Program (Required for all Bariatric Surgery Patients)

- Eight-part class series (listed above)
- Three-week Bariatric Surgery Preparation class series
- Personalized one to one dietitian counseling session
- Two personalized one to one dietitian counseling sessions after surgery
- Ability to repeat Weight Loss Management series/Bariatric series within the 6 month enrollment period as desired

Find out more by calling DNE (Diabetes and Nutrition Education) at **530-672-7021** and getting registered for our FREE Weight Loss Management/Bariatric orientation class. If you choose to enroll in the class series there is a monthly fee. Details regarding cost are provided during the orientation class or by calling our office.

**PLEASE CALL 530-672-7021 FOR MORE INFORMATION
AND TO REGISTER FOR CLASSES.**



WEIGHT LOSS &
BARIATRIC SURGERY PROGRAM
marshallmedical.org/weightloss