## MARSHALL Labor Support Volunteer Program

Having a baby is one of the most exciting times in a woman's life. But the process of giving birth can be overwhelming. In addition to the expert medical care from Marshall Birth Center's team of doctors and nurses, we now offer practical and emotional help through labor support volunteers.

Volunteers will partner with the nursing staff to assist expecting mothers during labor and birth by providing non-clinical care including emotional, physical, and informational guidance, suggestions for comfort measures and positioning, and provide help for her partner and family.

## **QUALIFICATIONS**

Previous Labor Support or Birth Doula training/ certification from DONA, ICFA or CAPPA is preferred, but is not required. If you are selected for the program, training and mentorship will be provided. Volunteers also must attend orientation, complete training requirements, meet vaccination requirements and pass a background check.

- · Ability to work within scope of position.
- Willing to follow instructions of staff and work independently.
- · Work well with patients, staff and visitors.
- · Able to spend majority of shift on your feet.
- Be available at least two shifts per month.
- Volunteers make a one year commitment.

## BECOME A LABOR SUPPORT VOLUNTEER



To apply, visit marshallmedical.org/ Volunteer/Labor-Support-Program. aspx or call Marshall Community Health Education at 530-626-2990 for more information



## **ABOUT THE** MARSHALL BIRTH CENTER

Designated Baby Friendly®

Large birthing suites

Whirlpool tubs

Sleeper sofa (for spouse or support person)

Lactation consultants

Tours available











