

Marshall Medical Center

Café Menu—October 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|---|--|
| Not all Vegan or Vegetarian Entrees are listed. See Weekly Menu in Café for Daily Specials. | | | | | | Tamale Pie Vegan Tamale Pie Spanish Rice Biscayne Veg Red Pepper Gouda Soup 1 |
| Philly Cheese Steak Vegan Philly Spinach Bake Potato Wedges Green Beans Vegetable Noodle Soup 2 | Shrimp Curry Lime Rice Korma w/ Rice Biscayne Vegetable Red Beans Pasta Soup 3 | Grilled Steak Manicotti Ratatouille w/ Polenta Baked Potato Malibu Vegetable Cream of Tomato Soup 4 | Artichoke Chicken Vegan Artichoke Chicken Ravioli Seasoned Pasta California Blend Veg Corn Chowder Soup 5 | <u>Burger Bar</u> Beef, Turkey Black Bean Veggie Beyond Burger French Fries Chicken Noodle Soup 6 | Sliced Pizza Meat, Veggie, Vegan Chicken Wings Italian Blend Veg Clam Chowder Soup 7 | Quiche Au Gratin Potatoes Garden Blend Veg Minestrone Soup 8 |
| Meatball Sandwich Vegan Meatball Potato Wedges Green Beans Broccoli Swiss Soup 9 | Soft Tacos Taco Salad Beef, Chicken, Vegan Spanish Rice Poblano Corn Chili Bean Soup 10 | Cajun Grits Bowl Black Beans w/ Corn Seasoned Kale Tomato Basil Soup 11 | <u>BBQ Pork Ribs</u> Garden Burger Corn on the Cob Macaroni Salad Cream of Celery Soup 12 | Fire Braised Chicken Vegan Korma w/Rice Cole Slaw Roasted Cauliflower Baked Potato Soup 13 | Chicken Pesto Pasta Vegan Pesto Chick'n Bread Stick Winter Blend Clam Chowder Soup 14 | Stuffed Bell Pepper Vegan Stuffed Pepper Vegetable Lasagna Red Mashed Potatoes California Blend Veg Chicken Rice Soup 15 |
| Pork Sandwich w/Slaw Vegan BBQ Sand w/ Slaw Spinach Bake French Fries Cole Slaw , Green Beans Navy Bean Soup 16 | Fillet of Sole Florentine Egg Plant Marinara Lemon Asparagus Seasoned Brown Rice Red Bean Pasta Soup 17 | Chicken Salad Wedge Quinoa Kale Salad Tortellini Salad Red Pepper Gouda Soup 18 | Gyro w/ Tzatziki Sauce Vegetarian or Vegasn Gyro Lemon Rice Mediterranean Vegetable Spanakopita Quinoa Vegetable Soup 19 | Roasted Salmon Stuffed Zucchini Rice Pilaf Edward Blend Veg Cream of Tomato Soup 20 | Malibu Chicken Vegan Malibu Chick'n Spinach Ravioli Steamed Red Potatoes Grilled Zucchini Clam Chowder 21 | Pork Tamale w/ Sauce Vegan Tamale Pie Spanish Rice Poblano Corn Vegetable Soup 22 |
| BBQ Rib Garden Burger Onion Rings Ranch Beans Corn Cream of Celery Soup 23 | Chicken Piccata Vegan Chick'n Picatta Pasta Primavera Rice Pilaf , Asparagus Bread Stick Minestrone Soup 24 | <u>Burger Bar</u> Beef , Turkey Black Bean Veggie Beyond Burger French Fries 25 | Teriyaki Chicken Vegan Chick'n Teriyaki Jasmine Rice Shrimp Tempura Broccoli Corn Chowder 26 | Sliced Pizza Meat, Vegetarian, Vegan Chicken Wings Italian Blend Vegetable Vegetable Barley Soup 27 | Shrimp Tacos Vegan Fish Taco w/ Slaw Stuffed Shells Cilantro Lime Rice Roasted Corn Clam Chowder 28 | Stuffed Cabbage Roll Mashed Potatoes w/ Gravy Black Bean Burger Spiral Fries Green Beans Tomato Florentine 29 |
| Chicken Cordon Bleu Broccoli Stuffed Chicken Rice Pilaf Broccoli California Cheese Soup 30 | Chicken Club Sandwich Vegan Chick Sub Club Veggie Sandwich Potato Wedges Garden Blend Vegetable Senate Bean Soup 31 |  | | | | |