**Marshall Gastroenterology**

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**Instructions Colonoscopy**

You are scheduled for a colonoscopy. This exam will help find any lumps (tumors), growths (polyps), swelling or bleeding in your colon. During the colonoscopy exam, your provider will use a flexible tube called an endoscope which contains light and a video camera to look at the walls of your colon.

You can expect to be here approximately **2-3 hours**. If you’re unable to keep your appointment, you must cancel at least 48 hours in advance or you may be referred back to your primary care physician. *A surgery center registration staff member will call you 1 week before your appointment to verify arrival time*.

You may not drive yourself home or return to work the day of your procedure. Someone must accompany you to and from the procedure. Cab rides and public transportation are acceptable **ONLY** if accompanied by a friend/family member.

**To ensure adequate colon preparation and precise procedure results, please pay close attention and follow each step carefully.**

* You **may** take your **blood pressure** **medications** on the day of your procedure with a sip of water.
* If you take medicine to thin your blood (**heparin, plavix, coumadin, warfarin, eliquis**) please advise your physician. You will need to follow special instructions for these medications as you will be required to stop them prior to procedure. .
* Do **not** take NSAIDS (such as Ibuprofen, Advil, Aleve or naprosyn) or aspirin on the day of the procedure. (baby aspirin is ok)
* Remove all jewelry and piercings prior to your procedure.