

Marshall's Diabetes and Nutrition Program now offers:

Pro (Professional) Continuous Glucose Monitoring



MARSHALL
MEDICAL CENTER

It's about you



What is a Continuous Glucose Monitor?

A Continuous Glucose Monitor (CGM) is a device that tracks your glucose (sugar) levels throughout the day and night. A CGM measures your glucose level at regular intervals, 24 hours a day, for up to 2 weeks. These blood glucose readings get translated into information and graphs that you and your health care provider can use to better understand your unique needs and personalize your diabetes treatment plan.

How can CGM help me?

Comparing the information you get from a Hemoglobin A1c and fingersticks to CGM is like comparing individual snapshots of a scene in a movie to watching the entire movie. CGM gives you a much better idea of what is going on in the whole story (for example, what your blood glucose looks like after every meal, when you exercise, as you watch TV and while you sleep).

Who can benefit from Pro CGM?

We believe anyone with diabetes can benefit from CGM. It may be especially beneficial for people who are not able or willing to check their blood glucose frequently throughout the day, and for people who want more information about when their blood glucose is going too high or too low throughout the day or night.

Will my insurance cover Pro CGM?

Many insurance plans cover Pro CGM. For more information, please call us at (530) 672-7021.

