

Marshall Sweet Success Program

Welcome to the Sweet Success Program at Marshall Medical Center! Your healthcare provider referred you to our program because there is more sugar (glucose) in your blood than your body needs or uses.

The Sweet Success Program provides support and education to promote a healthy birth outcome by providing you with information related to:

- Nutrition and Meal Planning
- Medications - to control blood sugars (if needed)
- Emotional Support - Community Resources
- Exercise
- Using a Meter - to check blood sugar

During the first few weeks of the program, you will meet with one or more of the following clinicians:

- Registered Nurse
- Registered Dietitian
- Medical Social Worker

Initial appointments last approx. 1 hour, follow-up appointments last approx. 30 minutes

As a participant in the Sweet Success Program, you will:

- **Check your blood sugar 4 times daily**
- **Report your blood sugar 1 - 2 times/week**
 - Send in blood sugars **Monday** morning if you are not taking diabetes medication
 - Send in blood sugars **Monday & Thursday** morning if you **are** taking diabetes medication
- **Schedule a monthly Sweet Success appointment** until delivery
- **Schedule a Sweet Success postpartum appointment** when your baby is 5 - 7 weeks old
- **Obtain a 75-gram, 2 Hour Glucose Tolerance Test** prior to your postpartum Sweet Success appointment

We look forward to working with you!

The compassionate, dedicated and professional Sweet Success team will make every effort to help support you to stay healthy and informed.

Feel free to contact us with any questions or concerns you may have.



It's about you.

Marshall Medical Center
Sweet Success Program
Ph: (530) 672-7021 • Fax: (530) 748-0338
E-mail: sweetsuccess@marshallmedical.org

